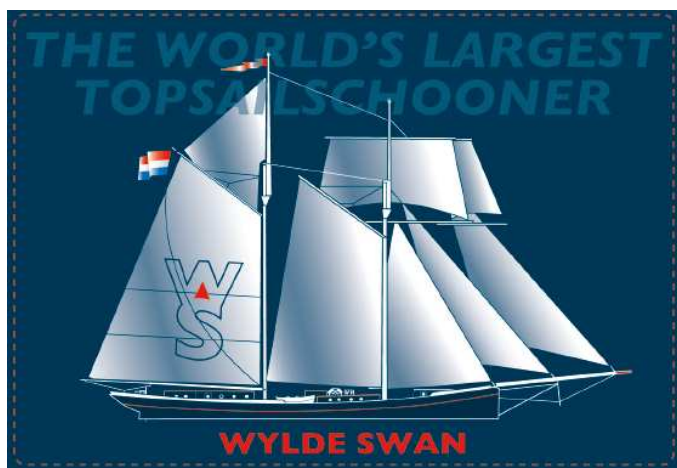


FLY LIKE A WYLD SWAN WITH YOUTH IN ACTION AT SEA - SPECIAL INTERNATIONAL EUROPEAN UNION EXCHANGE at TALL SHIP WYLDE SWAN

- > 36 Trainees from 7 European countries between 18-25 years
- > Learn and explore about yourself, other trainees and countries
- > Prepare the ship for the first Tall Ship Race
- > Be a Swan and fly together
- > Rotterdam (NL) – Antwerp (BE) – Aalborg (DK)
- > 7 – 23 July 2010: 15 days
- > Joining countries: Belgium, Czech, Finland, France, Italy, Netherlands, Portugal

Have you ever dreamed of sailing a big vessel? At Sea Sailtraining gives you a taste of the life on board of a Tall Ship. No experience needed! Together with your teammates from all over Europe, you will be introduced to all aspects of ocean-sailing. A professional crew will teach you everything about navigating, sailing rules and manoeuvring. Enjoy teamwork and depend on yourself, make new friends and party together at the famous



sailor feasts. Adventure and action on the ocean!

THE TALL SHIP RACE

The Tall Ship Race starts in Antwerp, but the International Exchange starts in Vlissingen. In Vlissingen trainees from different countries will meet each other, get to know the ship and prepare for the race. It is a small trip to Antwerp but enough time to learn the ship! In the old city of Antwerp, there are a lot of events to get in the mood for a great journey!

From Antwerp to Aalborg is a challenging trip along the Dutch, German and Danish coast, which can be quietly with eastern wind and rough with northwest wind. Together with the international trainees from 7 European countries (Belgium, Czech, Finland, France, Italy, Netherlands, Portugal) it will be an exiting trip.

SPECIAL PROGRAMME OUTLINE

This is a special program, organised in collaboration with the European organisation Youth in Action Netherlands. Besides sailing the vessel, you will decide for yourselves which extra activities will be organised on board and in the ports. Prior to the race, all the participants in each country will meet in May to make sure you will experience an exchange program.

> During the international exchange you will meet trainees from all over Europe. Together you sail and do more! From each country there will be around 4 participants, including a mentor. A mentor will support the group from one country. Besides sailing, you and the other trainees will organize games, national dinners, European song festivals, or whatever you like to do with the others. Meet people from other cultures, enjoy the differences and see the familiarities between the countries. You will make friends for the rest of your life.

> The international exchange starts at 18.00 hours when you will board Wylde Swan and get to know the ship, permanent crew and your fellow voyage crew members. After a warm welcome during the Captains introduction and the safety briefing, it is time to have a nice evening on board or in the city. Vlissingen. Should your travel schedule mean that you arrive before 18.00 hours, you may be able to store your bags aboard and have a look around in town (please check first).

> After a hearty breakfast the next day, the first deck instruction will be given. Together with the crew the ship will be made ready for leaving the harbour. After a few hours or day the Wylde Swan will arrive in Antwerp. In Antwerp will be a lot of activities organized because of the Tall Ship Race. Take part of the sports games or see the nice historic city of Belgium. The sails will be set for the Parade of Sail. A lot of people will be on the quay and in little boats to wave to you and wish you luck. Of course the start of the Race is spectacular with all the Tall Ships going over the starting line together. This is an exciting but challenging moment, which needs a lot of concentration from the crew and the trainees.

> On board you will be divided into three watches. This means that you will also be on watch during the night sometimes. You will all learn to set the sails, to steer the vessel, to help the cook with the meals and to clean the ship inside and out. You do this during your watch, but also when it is necessary outside of your watch. It is good to work together and take care of the ship. It is a challenge to set a good racing time, but there will be a good mood on board and you will become part of the crew like a real trainee. Your watch leader will be there to guide you, along with the duty officer, a member of the permanent crew.

> At sea it can be quite hectic sometimes when wind comes up or slow down, but there is also plenty of time to relax and read a book or sing together during sunset. Isn't life on a sailboat great? Our goal is to organize group activities at least once a day – varying from playing hints to singing – to get to know each other. There is nothing too crazy for us, you are welcome to share your ideas!

> The finish can be spectacular when there are other ships around, or quiet because you are the first! If there is enough time, the captain will search for a nice anchorage to enjoy the last evening at sea before sailing into the next Tall Ship Regatta harbour.

> In the harbour there will be a lot of activities organized by the town. There will be all kinds of music, sometimes a fair and there will also be a cultural program. There will also be an opportunity to challenge the crew from other ships through sports, walk the crew parade through the whole city, get a prize (winning, friendship, etc) during the prize giving ceremony and last but not least, there is a crew party for everybody in the Tall Ship Regatta harbour.

> On the 3rd day in harbor the voyage will end at 09.00 hour. You will look back on a once in a lifetime experience! For people who want to race or sail again, there are even more possibilities; either on the Wylde Swan or on other ships who will join the next leg.



WYLDE SWAN

The Wylde Swan is the largest Top Sail Schooner, with the hull of a 'Market Chaser'. The hull was made in 1920 to bring herring from the drifters to ashore and get the best 'market price'. Now she will chase after a price. The Wylde Swan is built according to the plans of Willem Sligting and Hinke de Vries, an experienced couple in building ships.

THE CREW

The captain Jurgens Hanekom and his crew are professionally prepared to act as sailing tutors. The 12 crewmates are well trained and all have been educated on a nautical college and done the STCW safety trainings. The

VOYAGES WYLDE SWAN 2010

Voyage	Trip	Start	End	Days	Normal Price	Special Price Youth in Action 15-25 years
International Exchange						
Viissingen (NL) via Antwerp (BE) – Aalborg (DK)		7-7	23-7	16	€ 1725,-	€ 995,- !!!

KITLIST

Papers and insurance: You need to have a valid passport or identity card, photocopies of insurance papers (health insurance and travel insurance). Insurance: we expect each participant to have his or her own liability insurance and medical insurance valid in your country. We also expect every trainee to have travel insurance.

Clothing: For your voyage it is important to bring warm and waterproof clothing, although it is summer. For a full list of tips what to bring aboard, [please click here for the separate Kit List](#). **More ideas:** photo and film equipment, sunglasses, hat to cover your head in the sun, personal medicines and toiletries, small backpack for in the harbour, musical instruments or music.

STRUCTURE COST AND SPONSORSHIP

This Special project coordinated by At Sea Sail Training, is funded by the EU program Youth in Action. Youth in Action promotes cultural exchanges between young European people. They do so by supporting exchanges covering for a daily fee and 70% of the travelling costs. Together with the other funds we are able to offer you this programme at a reduced price. Your stay on board the ship is based on full pension on board and excludes drinks at the bar and transportation to and from the ports. Transfers are available by way of discount airlines and At Sea Sail Training is more than willing to provide you with the best advice.

KEY POINTS

- > Wylde Swan- Largest Top Sail Schooner- 62 meters
- > Special EU-program on board
- > Nautical theme:
 - Fly like a Wylde Swan with Youth in Action at Sea
 - > 36 trainees and 12 crew
 - > Joining countries: Belgium, Czech, Finland, France, Italy, Netherlands, Portugal
 - > Age: 18- 25 years! (minimum age 15 years)
 - > No sailing experience required!
 - > Official language aboard: English.
 - > All prices are including full pension on board, excluding drinks at the bar.
 - > One-off registration costs of €25.
 - > All prices are excluding transportation from and to the ports.
 - > 70% of your travelling costs are covered by Youth in Action.
 - > Transfers needed to be booked separately.
 - > You can contact other participants by Facebook to travel together.

captain has been a sailor for many years on the similar ship Swan fan Makkum and knows how to sail a race. Be prepared for a real race!

ACCOMODATION

The enormous hold where the herring was stowed, is now become a place to meet and sleep. In bunks and in hammocks the trainees will sleep in the saloon. There are also a few cabins with normal beds. The meals will be in the bar annex classroom. The atmosphere is modern, to show a new kinds of sailing adventure. Sailing on a traditional ship with a modern look.

HOW TO JOIN?

Please sign up via www.atseasailtraining.com

You will get a contract and invoice by email. As soon as we get the signed contract and down payment, you will be sure of your place on board.



- SEE YOU AT SEA! -

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